

Condensation, dampness and mould information



Gardeen Housing Association Ltd
Building a Better Future

Condensation happens when moisture in warm air comes into contact with a cold surface and turns into water droplets. This happens more in rooms where there is a lot of moisture, such as in bathrooms and kitchens. Condensation can form behind furniture, in corners of rooms or in wardrobes.

- Air rooms by opening windows – aim for at least ten minutes a day before you turn the heating on;
- Leave window vents open to allow moisture to escape without making the room too cold;
- Leave gaps between furniture and the walls for air to circulate;
- When cooking or washing up, open a window slightly (this is as good as opening it fully).
- When using your kitchen and bathroom, close the door to prevent moisture escaping to the rest of the home and open a window slightly afterwards for about 20 minutes.
- Use your bathroom and kitchen extractor fans. They are cheap to run and are effective in quickly removing moisture from a room;
- Keep your home at a constant temperature if you can, ideally between 17°C and 21°C. Keeping the temperature constant will help control condensation and works out cheaper than constantly heating a cold home to the temperature you want;
- Open windows and shut the doors in rooms where you're drying clothes (it's better to dry them outdoors if you can). If you use a tumble dryer, make sure it's vented to the outside.

Top tips...



Reduce moisture levels



Improve ventilation



Maintain a constant temperature (17°C-21°C)



Other causes of damp

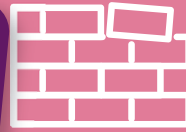
Damp is not always caused by condensation. It can also be caused by other issues such as:



Leaking roofs



Leaking pipes



Damaged outside walls



Blocked drains



Broken guttering

If you have mould, damp, or condensation at your property, please contact our office to report this and we will arrange for a member of staff and/or our Maintenance Consultant to carry out an inspection.

We are here to help:

If you are struggling with rising costs, please visit the website below for more information about the support available:

Cost of Living Support - Glasgow City Council



If you are struggling to heat your home and manage energy bills, please visit the website below for free advice:

Home Energy Scotland



If you are worried about money and bills please contact a member of staff to make an appointment with our welfare rights adviser.



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Open weekdays 9.30 am to 4.30pm • **Closed for lunch** 12.30pm to 1.30pm *and for training throughout Thursday morning*

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